Philosopher / Philosophical School	Foundational Principle(s) of Reality		Ultimate Reality: Changeable or Permanent	Ultimate Reality: One or Many	Basis of True Knowledge
Milesian School:					
Thales	Water	Plurality arises from water taking different forms	Ultimate is changeable	Unity is ultimate	Reason brings knowledge, sense experience only appearance
Anaximander	The Indeterminate	Plurality arises from the indeterminate taking different forms	Ultimate is changeable	Unity is ultimate	Reason brings knowledge, sense experience only appearance
Anaximenes	Air	Plurality arises from air taking different forms / quantitative change creates qualitative difference	Ultimate is changeable	Unity is ultimate	Reason brings knowledge, sense experience only appearance
Pythagorians	Numbers	The number "1" contains both the even (unlimited) and the odd (limited) / there are many ones (units, monads) in the void	? Ultimate is changeable (numbers come to be when the limited "breathes in" the unlimited)	? Plurality is ultimate	Reason brings knowledge, sense experience only appearance
Heraclitus	Fire	Fire changes in accord with Logos / reality is constantly in flux, an unending cycle where things are consumed by fire and emerge out of fire again in eternal cycle	Ultimate is changeable, change is essential to its existence	Plurality within unity/unity within plurality is ultimate	Reason alone brings knowledge, sense experience ?
Eleatic School: Parmenides, Melissus, Zeno of Elea [Zeno's Paradoxes]	The One	The One is eternal, unchanging, and compete, a sphere // change is non-existent, an illusion // being cannot pass out of being	Ultimate is unchangeable / change is an illusion	Unity is ultimate / plurality is non-existent, an illusion	Reason brings knowledge, sense experience brings illusion / Way of Truth, Way of Belief or Opinion

Philosopher / Philosophical School	Foundational Principle(s) of Reality	Elements are stemal unchanging	Ultimate Reality: Changeable or Permanent	Ultimate Reality: One or Many	Basis of True Knowledge
Empedocles	Elements: Air, Earth, Water, Fire Forces: Love, Hate	Elements are eternal, unchanging, indestructible / unending cycle of reality (state of complete intermingling created by Love to state of complete separation created by Hate (Strife)	Ultimate is unchangeable / change is real	Plurality is ultimate	Reason brings knowledge, sense experience only appearance
Anaxagoras	Small particles of each kind of thing	Unlimited number of infinitely small, divisible particles // every object has every other element within it // Nous alone is pure in its make-up, and cause of all change (via vortex)	Ultimate is unchangeable / change is real	Plurality is ultimate	Reason brings knowledge, sense experience only appearance
Atomism: Leucippus, Democritus	Atoms	Unlimited number of infinitely small, indivisible particles // purely mechanical explanation of change // motion in the void	Ultimate is unchangeable / change is real	Plurality is ultimate	Reason brings knowledge, sense experience only appearance
Biblical Worldview	Transcendent reality: God Created reality: The Story (Logos)		Transcendent ultimate: changing / Created ultimate: changing	Transcendent ultimate: unity Created ultimate: plurality	Knowledge comes from sound reasoning based on empirical data gathered from sense experience